

# 13 Describing your day

Use the present simple tense to talk about the things you do regularly: for example, when you normally go to work or eat lunch.

 **New language** The present simple

 **Vocabulary** Routine activities

 **New skill** Talking about your daily routine

## 13.1 KEY LANGUAGE THE PRESENT SIMPLE

To make the present simple, use the base form of the verb (the infinitive without "to").

The base form of the verb "to eat."

I **eat** lunch at noon every day.



She **eats** lunch at 2pm every day.



With he, she, and it, add "s" to the base form.



## 13.2 FURTHER EXAMPLES THE PRESENT SIMPLE

You **get** up at 7 o'clock.



She **gets** up at 5:30am.



We **start** work at 9 o'clock.



He **starts** work at 11am.



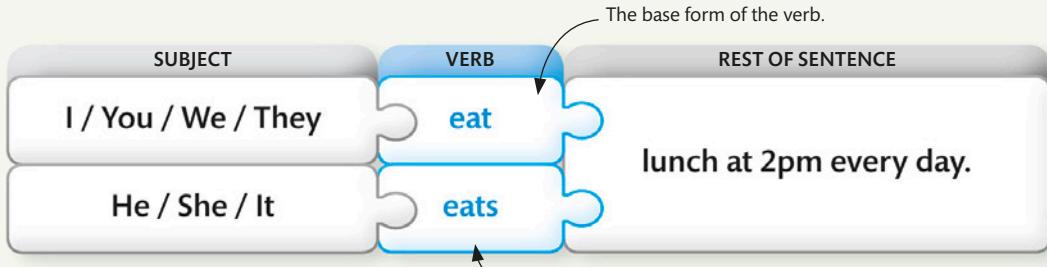
They **leave** work at 5pm.



Rob **leaves** work at 7pm.



## 13.3 HOW TO FORM THE PRESENT SIMPLE





### 13.4 CROSS OUT THE INCORRECT WORD IN EACH SENTENCE

She ~~eat~~ / eats dinner in the evening.

- 1 He wake up / wakes up at 7 o'clock.
- 2 You leave / leaves home at 8:30am.
- 3 I start / starts work at 10am.
- 4 Ellen get / gets up at 5 o'clock.

- 5 My wife take / takes a shower in the evening.
- 6 I take / takes a shower in the morning.
- 7 My parents eat / eats lunch at 2pm.
- 8 We leave / leaves work at 4pm.
- 9 My brother work / works with animals.



### 13.5 FILL IN THE GAPS USING THE WORDS IN THE PANEL



Michael gets up at 7am.



I leave work at 5:30pm.



Phil starts lunch at 12:30pm.



We get up at 8am.



His son leaves work at 5am.



My sister starts work at 7pm.



They eat dinner at 10pm.

~~get~~

get

starts

leaves

eat

eats

leave



### 13.6 SAY THE SENTENCES OUT LOUD, FILLING IN THE GAPS

Santiago gets (**get**) up at 6am.



My son wakes (**wake**) up at 5am.



I leave (**leave**) work at 6:30pm.



We eat (**eat**) breakfast at 8am.



Paula works (**work**) outside.



My wife starts (**start**) work at 7am.



He eats (**eat**) lunch at noon.



## 13.7 KEY LANGUAGE "S" AND "ES" ENDINGS

With some verbs you add "es" for he, she, and it. These include verbs ending "sh," "ch," "o," "ss," "x," and "z."

I eat lunch

I finish work

I watch TV

She eats lunch

He finishes work

She watches TV

For most verbs,  
just add "s."

Add "es" to verbs  
ending "sh."

Add "es" to verbs  
ending "ch."

## 13.8 PRONUNCIATION SAYING "S" AND "ES"

The "-s" endings are pronounced different ways. Listen to the difference.

eats



An "s" sound.

leaves



A "z" sound.

watches



Say the "es"  
like the verb "is."



## 13.9 SAY THE WORDS OUT LOUD

starts



1 washes



4 goes



2 watches



5 finishes



3 wakes



6 leaves



## 13.10 FILL IN THE GAPS BY PUTTING THE VERBS IN THE CORRECT FORM



He finishes (finish) work at 5 o'clock.



Lucia wakes (wake) up at 7am.



I get (get) up at 7:30am.



Ethan leaves (go) to work at 5am.



You leave (leave) work at 5pm.



Shona watch (watch) TV in the evening.



### 13.11 REWRITE THE SENTENCES, CORRECTING THE ERRORS

Our children **eats** breakfast at 8am.

Our children eat breakfast at 8am.

1 My mother **watchs** TV in the morning.

2 We **goes** to bed at midnight.

3 My husband **finishes** work at 6:30pm.

4 Rob **go** to work at 8:30am.

5 I **takes** a shower in the morning.

6 I **leaves** work at 6 o'clock in the evening.



### 13.12 LISTEN TO THE AUDIO AND ANSWER THE QUESTIONS



Joan talks about her daily routine and work schedule.

She starts work at 4pm.

True  False

1 She finishes work at 12pm.

True  False

2 She eats lunch at 1pm.

True  False

3 She has dinner at 7:30pm.

True  False

4 She watches TV in the afternoon.

True  False

5 She goes on the computer in the evening.

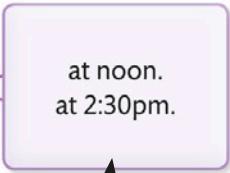
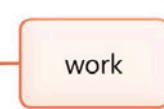
True  False

6 She goes to bed at 8:30pm.

True  False



### 13.13 USE THE CHART TO CREATE 12 CORRECT SENTENCES AND SAY THEM OUT LOUD



Start with a noun or pronoun.

Choose the correct form of the verb.

Finish with a time.



### 13 CHECKLIST

The present simple

Routine activities

Talking about your daily routine